# **Camp Objectives and Goals:**

To teach players the proper fundamentals in the 4 main areas of the game: throwing, base running, fielding, hitting. To have each player leave each day with an understanding of the proper fundamentals in the 4 main areas of the game, and, to ensure each player leaves each day "better."

Each day will consist of a structured approach to teaching each fundamental as well as allowing player's to put their skills into live situations.

### **Expected Daily Outline:**

8:55am – players' arrive

9am - camp starts with base running drills

9:45am – throwing program

10:15am - break

10: 20am - fielding drills

11: 20am – break

11:25am – hitting drills (w/base running)

12:45pm - clean-up/wrap-up

1pm – players' dismissed

As coaches we will teach proper mechanics and fundamentals that will scale at the higher levels of baseball. Proper "baseball actions" give young players the best chance to succeed and avoid injury, as well as allow them to reach their full potential as they develop both physically and mentally.

#### Why should you sign up?

"Alex has been instrumental in training my boys how to hit. His knowledge of the game is second to none, and I would recommend him to any parent looking for additional instruction." (Ron Bacskai)

"I have been very fortunate the last 5 years to have had Alex work with my team. He initially started with us as Little Leaguers and now continues to work with my 'boys' in small groups both during the season and during the winter months. His comprehensive program of quality instruction is useful and fun. The boys ALL think extremely highly of Alex. His level of teaching and enthusiasm for what he is doing is second to none. Alex added Dan Williams to his staff and Dan too is highly regarded by both the boys and their parents. Together, Alex and Dan make a great team that stress the fundamentals and a shared philosophy of what it takes to get better. Both Alex and Dan are great baseball teachers with extensive experience, but more important, they are even better people who get the best out of their students. We are very fortunate to have them both working for us individually and collectively as a league." (Bill Young)

"My current 11 year old team has worked with Alex for the last two years. He has improved every facet of their game, especially their hitting. He relates to the boys extremely well and speaks their language. He is committed to improving the players and enhancing their love of the game. I would recommend Alex to anyone looking to help their child improve." (Mike Loftus)

### **Staff**

# **Alex Melconian**

Former Berywn-Paoli Little Leaguer. 1993 Graduate of Conestoga Senior High School. 1997 Graduate of Seton Hall University. 22<sup>nd</sup> Round Draft Pick of the Florida Marlins. 2002 Assistant Coach for CHS team that finished 6<sup>th</sup> in the State of PA. While at CHS, instrumental in the development and eventual College placement of Eric Hildenbrand (Siena), PJ Hollberg (Millersville), Mike Raible (Lafayette) and Tommy Parry (Pace). 2002 Volunteer Assistant Coach of BPALL International Team that finished 3<sup>rd</sup> in the state of PA. 2003 to 2005 Assistant Coach at Episcopal Academy. While at EA, instrumental in the development and eventual College placement of Dan Williams (Pitt) and Joe Rosati (Villanova). 2006 to 2007 Volunteer Assistant Coach with St. Joe's University. 2008 Volunteer Assistant Coach with the University of Pennsylvania. 2009 Volunteer Assistant Coach of BPALL International Team.

# **Dan Williams**

Former Berwyn-Paoli Little Leaguer. 2004 Graduate of Episcopal Academy. 2008 Graduate of University of Pittsburgh. 4 year starter while at Pitt. Played Collegiate Summer Baseball in Cal Ripken Sr. League, Texas Collegiate League and New England Collegiate League. Played professionally three independent league teams: Florence Freedom of the Frontier League, Lancaster Barnstormers of the Atlantic League and Shreveport-Bossier Captains of the American Association.

# Eric Fisher

1994 Graduate of Plymouth-Whitemarsh High School. Captain of Nationally Ranked 1994 PIAA PA State Championship Team. Played Collegiate Baseball at Eckerd College in Florida.

#### Frank Monastero

1986 Graduate of Bishop Kenrick High School. Played Collegiate Baseball at nearby West Chester University. Drafted by the Cleveland Indians as a Utility Infielder. 16 year veteran of the local Perkiomen League ("Perky" League). Frank was a 9-time Champion, 14-time All Star, 2-time MVP and 2-time Batting Champion.

#### Chris Madonna

1995 Graduate of the University of North Carolina-Chapel Hill. Signed by New York Mets in 1995. In addition to the Mets, he played professionally for the Boston Red Sox, Oakland Athletics and New York Yankees. Played in the International League for Cantine Ceci Parma in Italy's professional baseball league in 2000 and was then selected to represent Team Italy in the 2000 Sydney Olympics and the 2001 World Cup. In 2008, he became Assistant Coach at Division I Villanova University, serving as the program's hitting coach. In 2008, Villanova posted a .383 on-base percentage, a .405 slugging percentage, led the Big East Conference in walks, and belted 41 home runs, the program's highest total in the last decade.